

*Mitzy K. Galer, LMHC*  
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AUTHORIZATION FOR RELEASE OF INFORMATION

I, \_\_\_\_\_, born on \_\_\_/\_\_\_/\_\_\_\_, hereby authorize the release of information which may be acquired by Lifestyle Center for Counseling & Nutrition in a professional capacity to the following individual, agency insurance companies on my behalf:

\_\_\_\_\_

Located at \_\_\_\_\_  
(address, city, state, zip)

Phone: \_\_\_\_\_

I, \_\_\_\_\_, hereby authorize Mitzy Galer, LMHC (staff name)

my therapist/dietician (circle one), to disclose/obtain the following information from clinical records:

- |  |   |
|--|---|
| <input type="checkbox"/> Entire record             | <input type="checkbox"/> Diagnosis and dates of treatment |
| <input type="checkbox"/> Summary of treatment      | <input type="checkbox"/> Psychological Evaluation         |
| <input type="checkbox"/> History & Background      | <input type="checkbox"/> HIV status, if relevant          |
| <input type="checkbox"/> Complete treatment record | <input type="checkbox"/> Substance abuse history          |
| <input type="checkbox"/> Educational record        | <input type="checkbox"/> Legal information                |
| <input type="checkbox"/> Other: _____              |   |

about me/my child \_\_\_\_\_

for the following purpose: Treatment planning/ Continuum of Care

I agree that a photocopy of this release form is acceptable, and I understand that I have the right to receive a copy of the authorization form upon my request. I may revoke the consent to release information at any time. I also understand that any release of information which has been made before any revocation and which is based upon this authorization, shall not constitute a breach of my right of confidentiality.

\_\_\_\_\_  
Signature of client/guardian

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Authorization Date

\_\_\_\_\_  
Witness

Relationship to Client: \_\_\_ Self \_\_\_ Guardian \_\_\_ Parent of minor \_\_\_ Person legally authorized on client's behalf